

A graphic featuring the year '2024' in a bold, light blue font, enclosed within a light blue double-line border that has a slight 3D effect. The background is black, and the graphic is positioned in the top left corner.

2024

NATIVE AMERICAN HEALTH NEEDS DATA REPORT

Prepared by: Megan Barhafer & Kelsy Sasse
Panhandle Public Health District in collaboration with
Nebraska Minority Resource Center

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PROJECT DESCRIPTION

Panhandle Public Health District in collaboration and partnership with Nebraska Minority Resource Center began the process of collecting data in September of 2023 to understand better the health needs of Native Americans in the Panhandle of Nebraska.

Through the process, the Nebraska Minority Resource Center and Panhandle Public Health District conducted three separate focus groups. One in Sheridan County on September 22nd, 2023, one in Dawes County on December 16th, 2023, and the third in Box Butte County on June 13th, 2024. The questions prepared for the focus groups aligned with the local hospital's Community Health Improvement Plan priority areas to help us determine how those facilities could better serve the local Native American Population in alignment with their current priorities.

Two separate surveys were also circulated as a part of the data collection process. To target a high response rate from the Native American population, all focus group participants and the clients and customers of NMRC filled out the surveys. The first survey was a well-being assessment intended to gauge the current and anticipated well-being of the respondents. 117 responses were collected from the well-being assessment. The second survey was a Native American Acculturation Survey utilized to assess the respondent's cultural identity and help us to better understand the current cultural beliefs and values of the Native American Population in the Panhandle of Nebraska.

FOCUS GROUP DATA

Focus Group Findings

As you read through the focus group strengths, weaknesses and needs you may notice contradictions. This is because the the three counties included in the assessment are geographically diverse, thus needs in one community may be a strength in another community, and vice versa. The focus group data is broken out by County as the questions asked in each focus group varied slightly based on the local hospital's community health improvement plan priorities.

Sheridan County

Things that are comfortable/uncomfortable about living in the community.

Positive

- Easy access to doctors
- A strong sense of community
- The police presence is friendly and their ability to resolve conflict is high
- There is a place to go to get the resources needed and to know what is available

Negative

- Residents have to travel long distances to see specialists when needed

Things that would increase the comfort of living in Sheridan County.

- Better public transportation options
- More health and wellness awareness and activities for youth

Useful forms of transportation or transportation needs

Positive

- The school has busses for kids to get to and from school
- Most things are within walking distance and the community is a safe place to walk

Negative

- There are no public transportation options in town or for out-of-town transit
- Individuals rely heavily on neighbors and friends for transport
- Cars often don't stop for pedestrians in the downtown area
- It is hard to access transit from the Reservation to Rapid City because you have to be to Pine Ridge by 7am to catch the bus

Needs/Wants

- Scooters for inner city transit like bigger cities
- A bus that runs between Gordon & Rushville several times a day
- A bus that runs from Gordon or Rushville to IHS
- A bus that goes to larger cities like Rapid City or Scottsbluff

Mental health resources

Positive

- Talking circles
- Telehealth counseling through IHS
- The Behavioral Health Region office in Rushville

Negative

- Residents have to travel long distances for mental health services
- There is no more AA or NA
- it is hard to take time off work for mental health appointments
- It is hard to find counselors accepting new patients
- Wait times for mental health providers are very long

Needs/Wants

- Talking circles back
- A place to host and resources for AA and NA
- More/Better public transportation options

If resources were to expand, what resources would be most helpful?

Positive

- It has been nice in the past to have Native traditions included in services (talking circles)

Negative

- There is a belief that burning sage smells like marijuana and may be confused with that
- There could be more education on how sage is used in the Native culture
- Negative youth views of Sheridan County

Needs/Wants

- AA/NA meetings
- Talking circles with traditions like prayer
- More cultural events to help with connectedness
- Resources for youth to get involved
- Education on traditional medicines and health
- Cultural events and education for youth

Struggles with childcare

Positive

- The respite program through the state for special needs kids that offers reimbursement for care to a family member or friend is very helpful

Negative

- Daycares are full
- Waiting lists for daycares are very long
- Childcare through school programs are out of Rushville or Chadron
- The hospital has care but tailors to Hospital staff
- There is no drop in care for short periods of time
- There are no services for special needs kids
- There are a lack of facilities or in home day cares
- When there are openings, they are very expensive
- Extreme lack of care for infants
- Lack of social supports to help watch kids

Need

- Staff at facilities that are trained in caring for special needs kids
- Training for people in the community to get trained in childcare to open up more options

Dawes County

Things that are comfortable/uncomfortable about living in the community

Positive

- Church
- Safe communities
- Positive interactions with law enforcement
- Stable place to live with a good school system

Negative

- Native American is no longer an option to select under race on hospital forms
- It is challenging to get services and resources like EBT
- It is hard to get to church due to lack of transportation options

Things that would increase the comfort of living in Dawes County

Positive

- Management at Walmart are willing to build relationships with Natives

- Close relationships with individuals of different cultures in some situations, but not all
- The community is making an effort to incorporate Native American meals for all individuals to experience the culture

Negative

- Some store workers assume Native Americans are going to steal something and treat them differently while shopping
- The more "Native" you look, the worse it is while shopping
- There is no consistency with drug enforcement
- People are not friendly toward Natives and Native American's are ashamed to be Native American

Needs/Wants

- Less drug activity locally & on the reservation
- More cultural activities such as pow wows, Native American meals and educational opportunities for the general public on culture
- More opportunities for the youth to learn about their culture

Useful forms of transportation or transportation needs

Positive

- The Handy Bus in Chadron works for some people

Negative

- You have to pay one dollar every time you ride the Handy Bus, no matter what
- The Handy Bus is not handicap or elderly accessible (it used to be but their lift broke and has not been fixed)
- The Handy Bus picks individuals up in the order they call so you may be waiting for a long time depending on how many people called before you
- There is no transit to IHS in Pine Ridge
- If you need to be taken by ambulance to the hospital, there is no way for you to get home once you are discharged

Needs/Wants

- Local taxi services
- Bike rental or share options
- A van or bus that will take community members to IHS or Rapid City for medical appointments
- Regular bus stops with a regular schedule and a bus that is handicap accessible

Mental health resources

Positive

- Telehealth is convenient and saves a lot of travel time when it is available, however it is not available for all specialists

Negative

- All mental health services are located in Gordon so you have to travel or find gas money
- If you need to be admitted to a behavioral health facility, you are taken to the eastern part of the state and left to find your own way home when discharged
- There is no long term or follow up care for mental health issues, if you are admitted, you are discharged in a few days
- It seems like local resources are offering band aid or temporary fixes
- The wait times seem especially long for children needing behavioral health assessments

Need

- Better consistency in mental health services for children
- More telehealth options for mental health services
- More local dentists that accept Medicaid/Medicare

Access to safe and affordable housing in Dawes County.

Negative

- There is not enough available housing or rental options in Dawes County
- Landlords don't want to rent or seem to avoid renting to Native Americans
- Landlords do not take responsibility when something breaks and needs fixed
- Fixes often take many months to be repaired
- There are a lot of loopholes to jump through in order to obtain section 8 vouchers and nobody locally to answer questions
- There is no prompt notice from landlords and they are quick to evict if tenants are late on their rent

Box Butte County

Things that are comfortable/uncomfortable about living in the community

Positive

- Knowing there is support available if needed

Negative

- Not many natives feel comfortable because there is still a lot of prejudice toward Native Americans

Things that would increase the comfort of living in Box Butte County

- Increased privacy and hospital confidentiality
- No more stereotypes toward Native Americans
- Stop making assumptions about the Native American population as a whole based on the actions of a single person
- Availability of insurance for local healthcare

Useful forms of transportation or transportation needs

Positive

- Mainly use personal vehicles for transportation needs
- Local churches are willing to assist with transportation when available
- Walking is an option in the community

Negative

- Bus fares in Box Butte County are too high

Mental health resources

Positive

- There is a Native American center in Alliance
- There is a sweat lodge
- There is a Native American church and Native American groups

Negative

- The Native American center seems to be run for personal gain rather than help and growth of others
- Many landlords do not want to rent buildings to Natives to use for Native businesses or centers
- There are long wait times for services

Needs/wants

- A Native American counseling group for adults and teens

- A building to use for counseling and connecting Native Americans to the services they need
- A certified Native American counselor
- A person in Box Butte County who can help connect Native Americans to services
- Housing help and more available housing for Native Americans

Sources of Information in the community

Positive

- Social Media
- Signs
- Flyers (Bomgarrs, Chamber of Commerce, Social Media, Trueman Center)

Negative

- There is no standard place people put flyers, you have to hunt for them
- it is hard to find resources when you need them

Needs/Wants

- More word-of-mouth spreading of information
- Native American counselors or resource directors
- A designated place for Native Americans to get help finding resources

Increased trust and comfort with local hospital

Negative

- There is a lot of prejudice toward Native Americans at the Hospital
- It always feels like a bother when seeking care
- Many people don't seek care because of the way they feel when they do
- it feels like healthcare workers are always searching for something wrong or a reason to call CPS
- Don't feel comfortable seeking services from Native Futures because it feels like the services and programs are only for one family

Need

- Native American nurses and doctors
- Education to healthcare staff on what services are available to Native Americans through IHS
- An after-hours clinic so individuals don't have to rely on the Emergency Room

Other resources outside of Mental Health and Hospitals that would make things easier

Positive

- The program at the Knights Museum on Crazy Horse to help with education on the Native American Culture

Negative

- There is no place to have a funeral
- Most people are on their own when it comes to finding resources
- There is a lot of division in the community
- Youth are exposed to drugs or alcohol at an early age
- The YMCA is very expensive and Native Americans are treated poorly there
- Native Americans are not attending events in the community meant to increase awareness about their own culture

Needs/Wants

- A building for a Native American Center
- Someone to connect and guide individuals to resources, not only in Box Butte County, but across the state if they are not available locally
- More youth involvement
- More Native American education in schools
- More awareness in the community

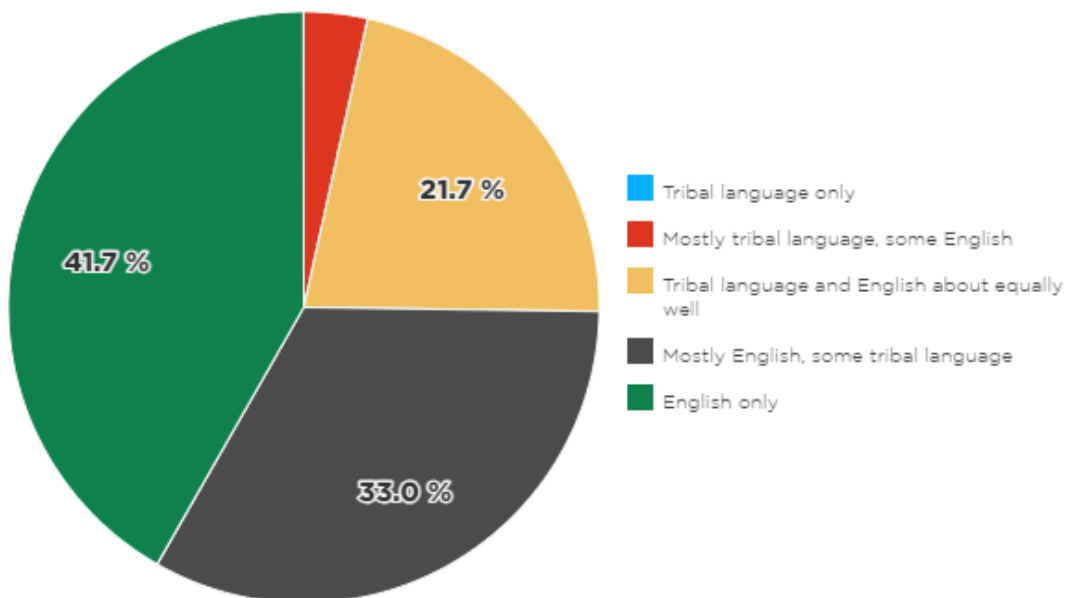
SURVEY DATA

Native American Acculturation Survey

The following data shows the ratings each respondent gave about their connection to their Native American Culture. The areas where respondents indicated the least connection to their Native American Culture are:

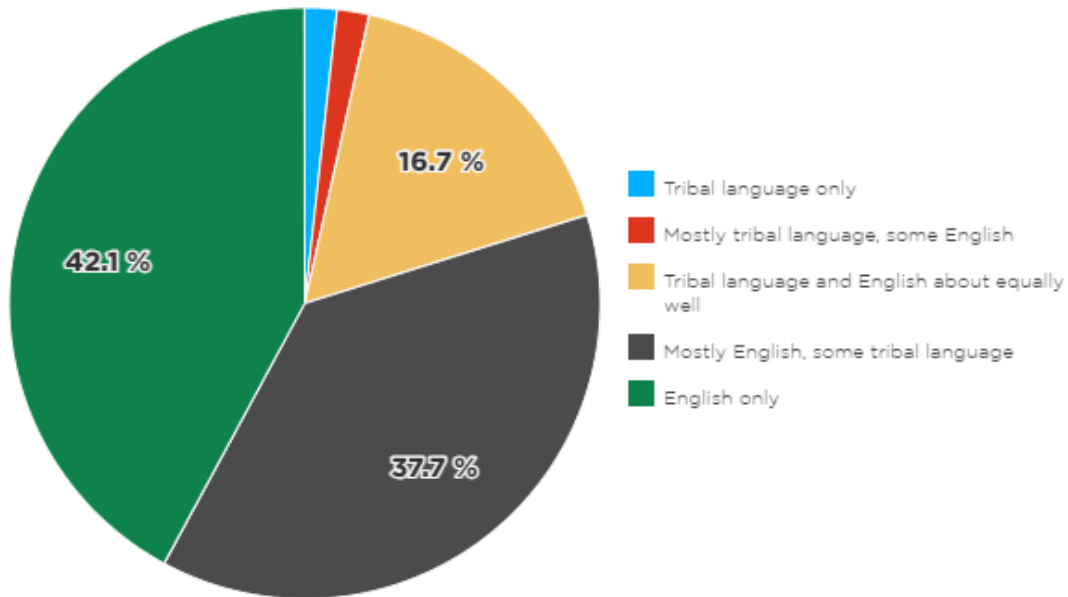
1. The language respondents read in (42% only read in English)
2. The language respondents write in (42% only write in English)
3. The language respondents think in (36% only think in English)
4. The language respondents speak in (33% only speak in English)
5. The language respondents prefer (30% only prefer English)

What language do you read in?



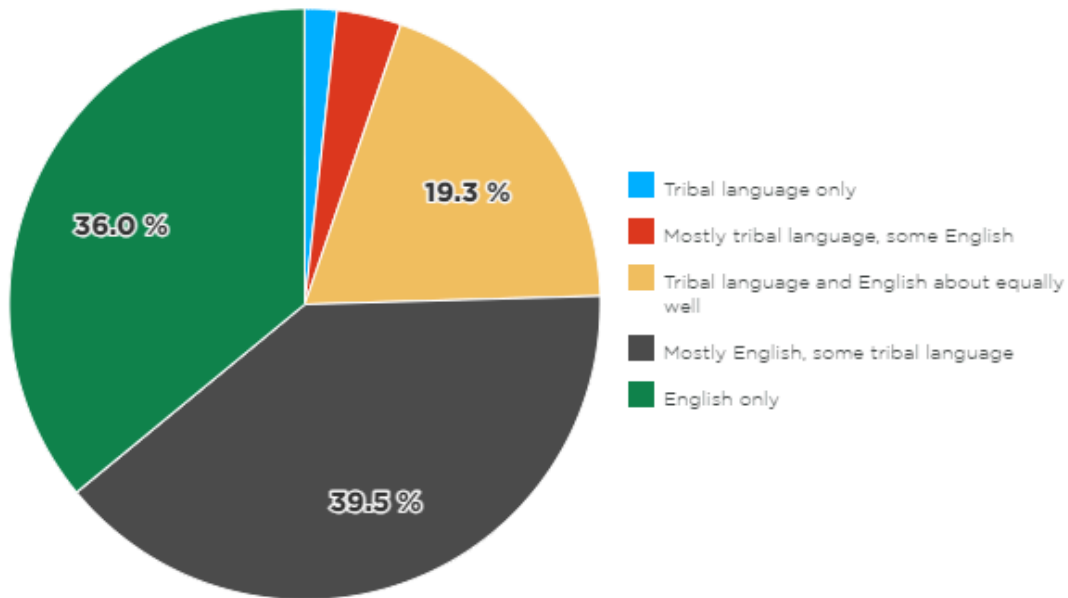
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What language do you write in?



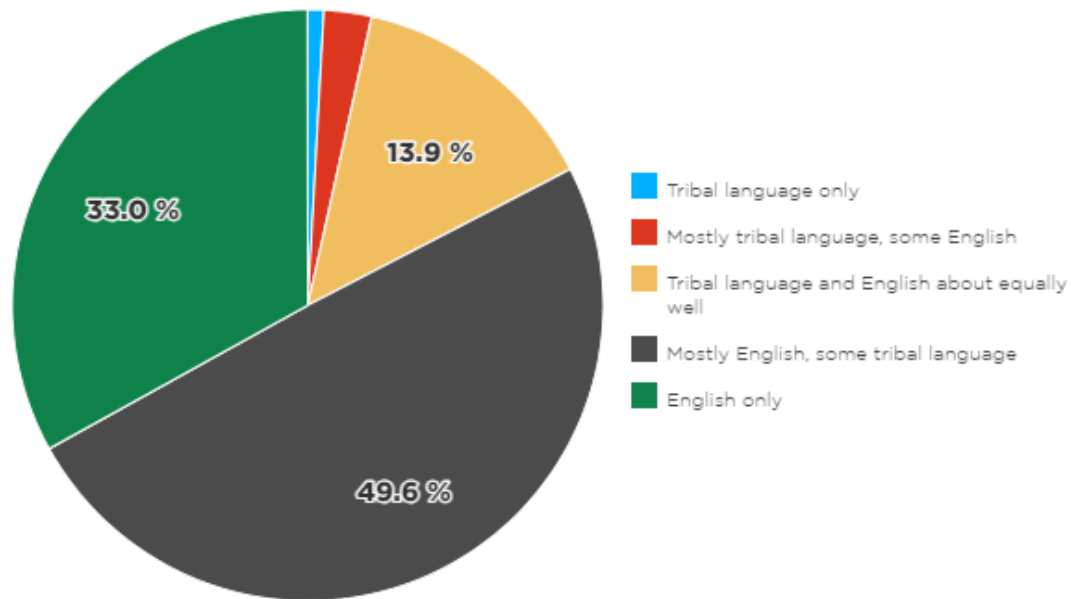
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What language do you think in?



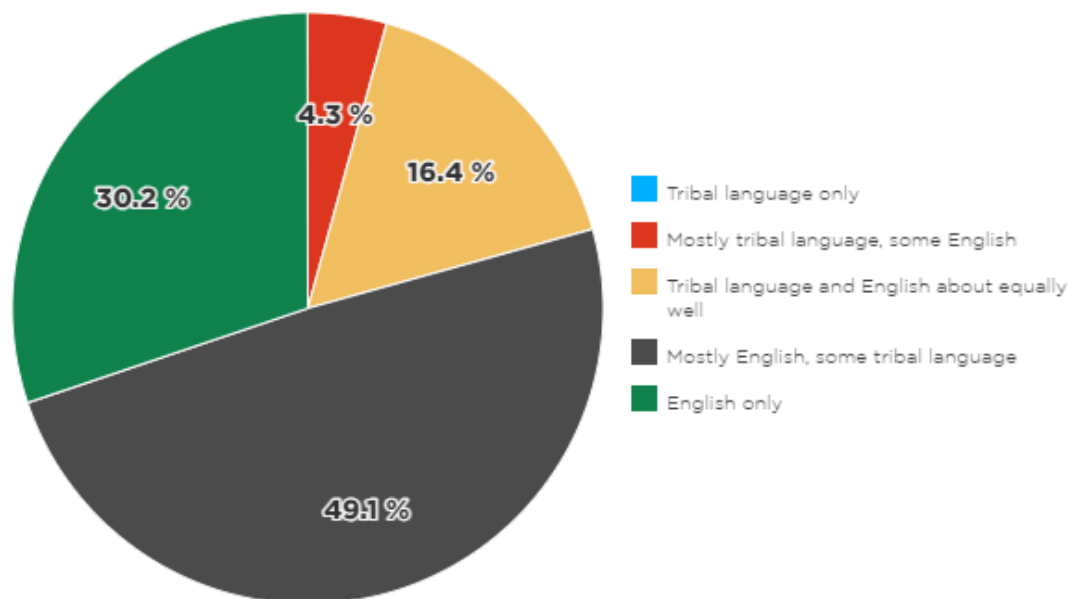
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What language can you speak?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

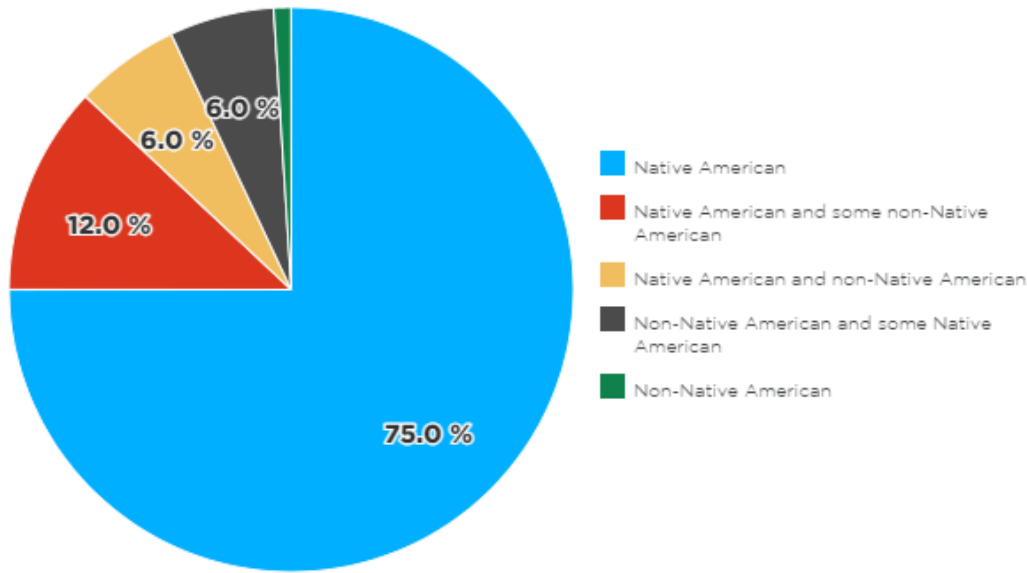
What language do you prefer?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

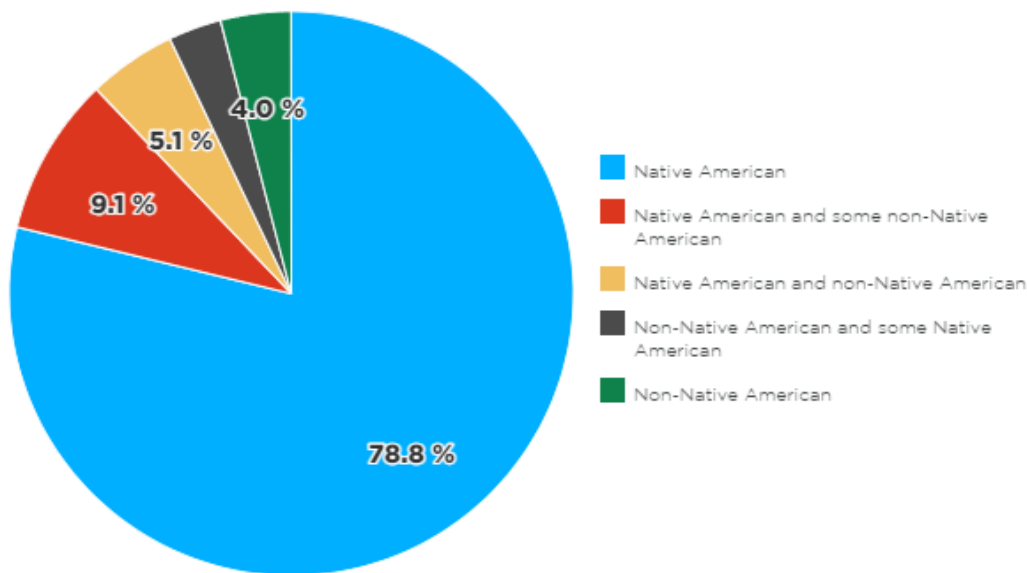
This set of questions deals with Native American identity. Most respondents identified themselves as primarily Native American.

How do you identify yourself?



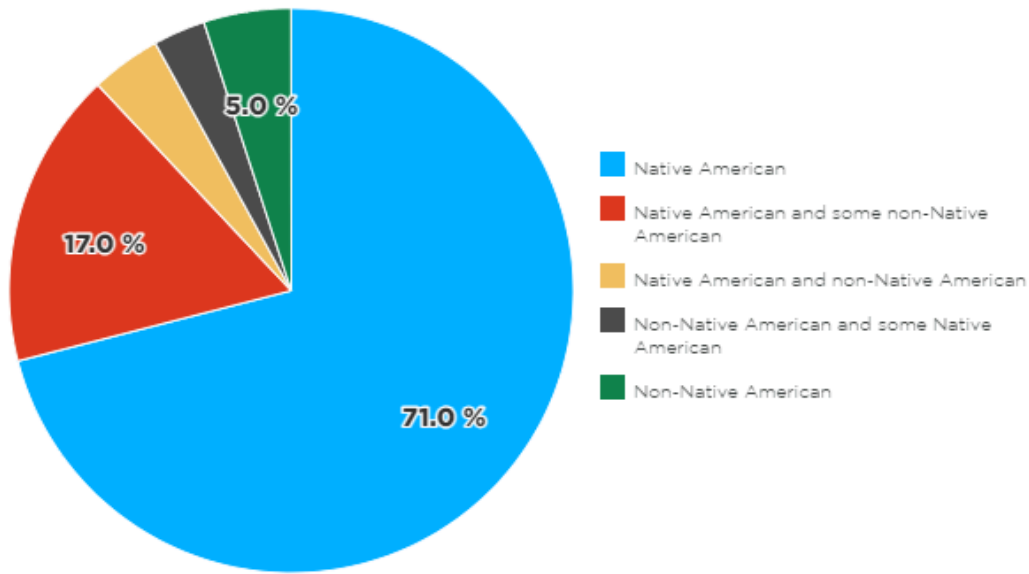
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

How did your mother identify herself?



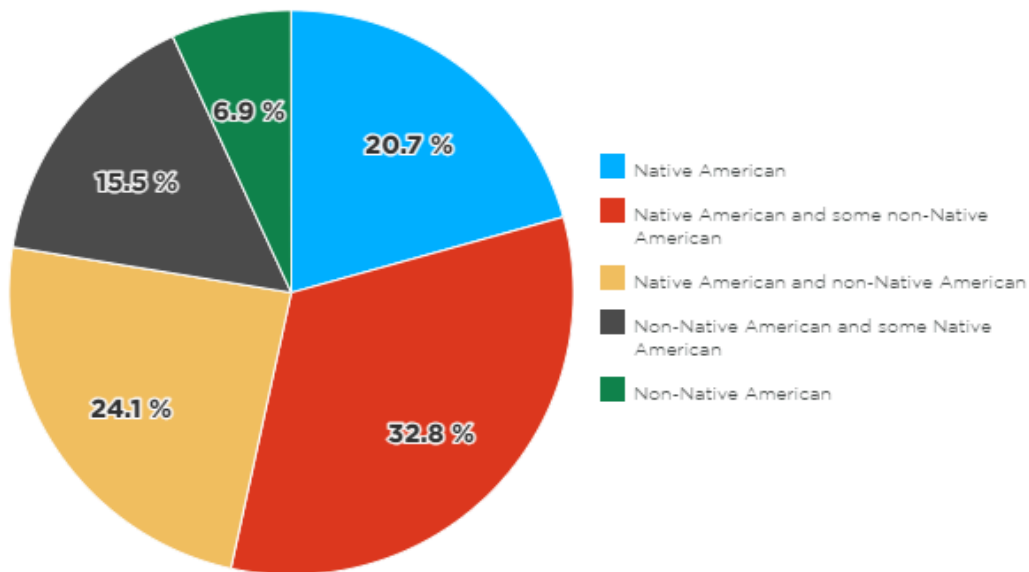
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

How did your father identify herself?



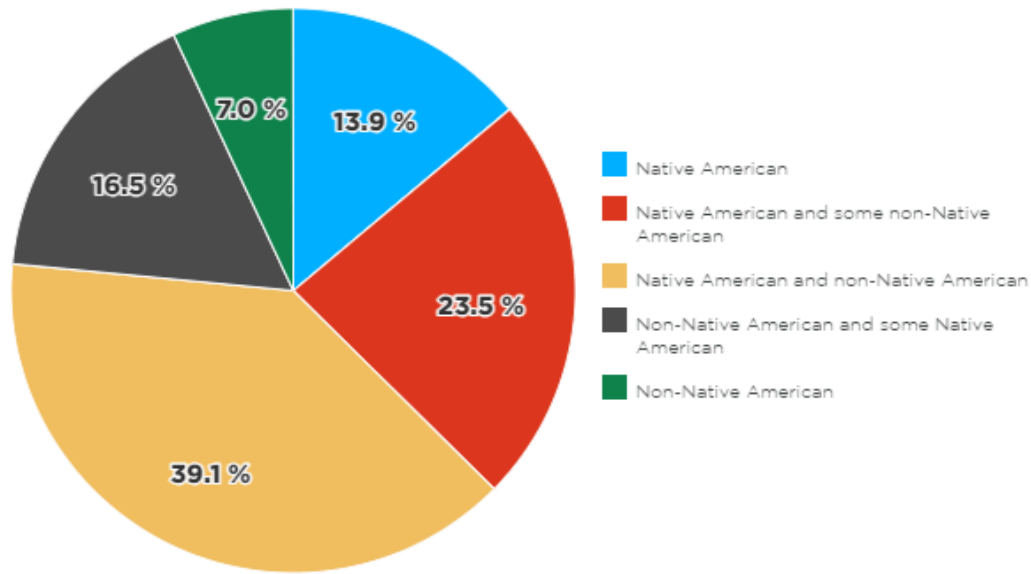
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What was the Ethnic Origin of your Friends as a Child prior to Age 6?



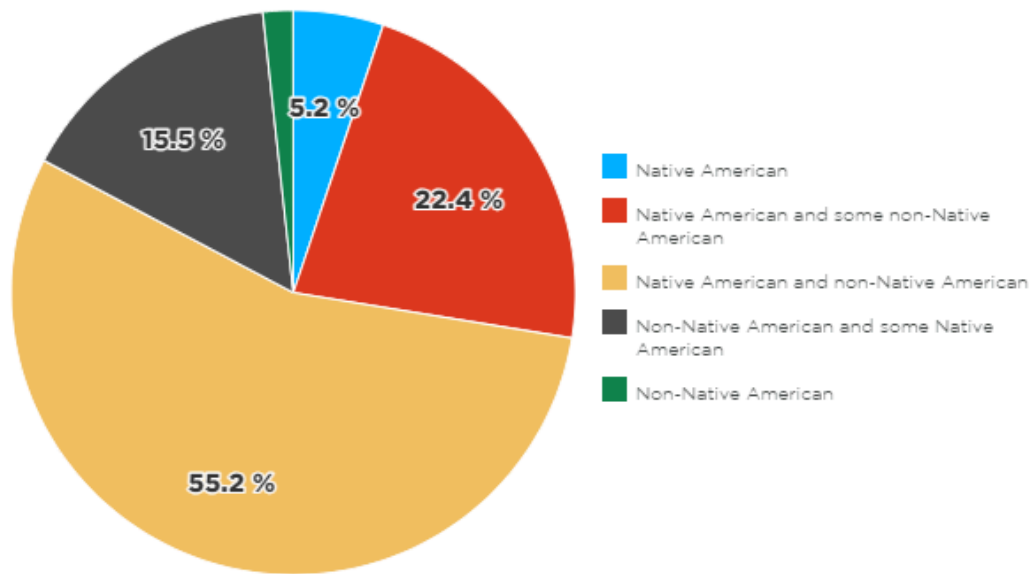
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What was the Ethnic Origin of your Friends as a Child Age 6 to 18?



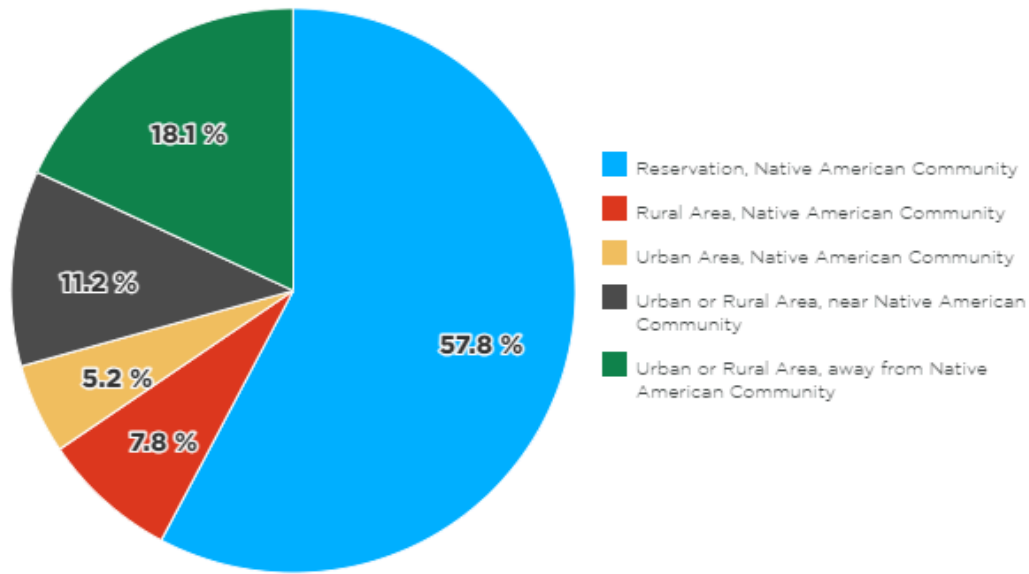
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

Who do you Associate with Now in your Community?



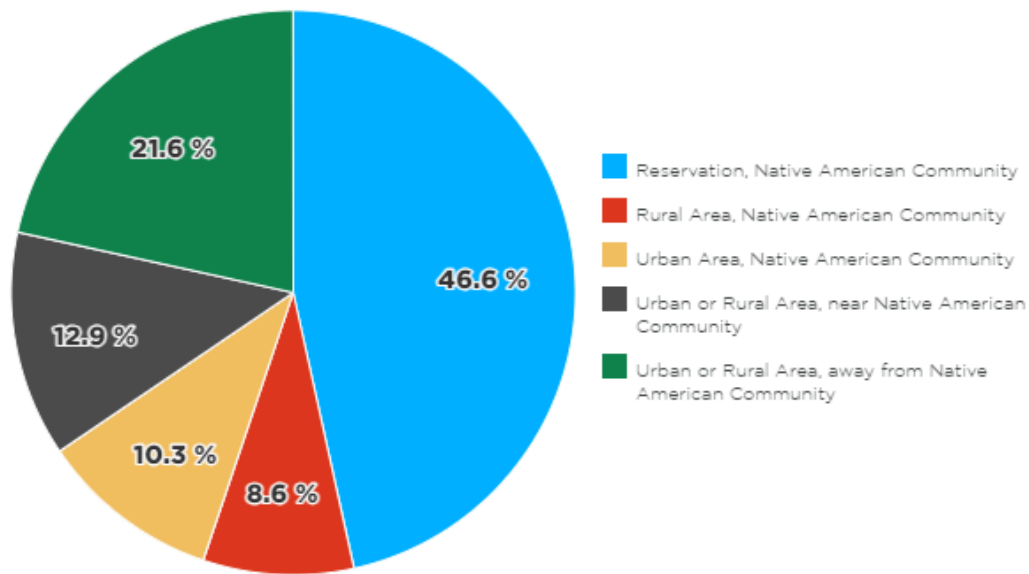
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

Where were you born?



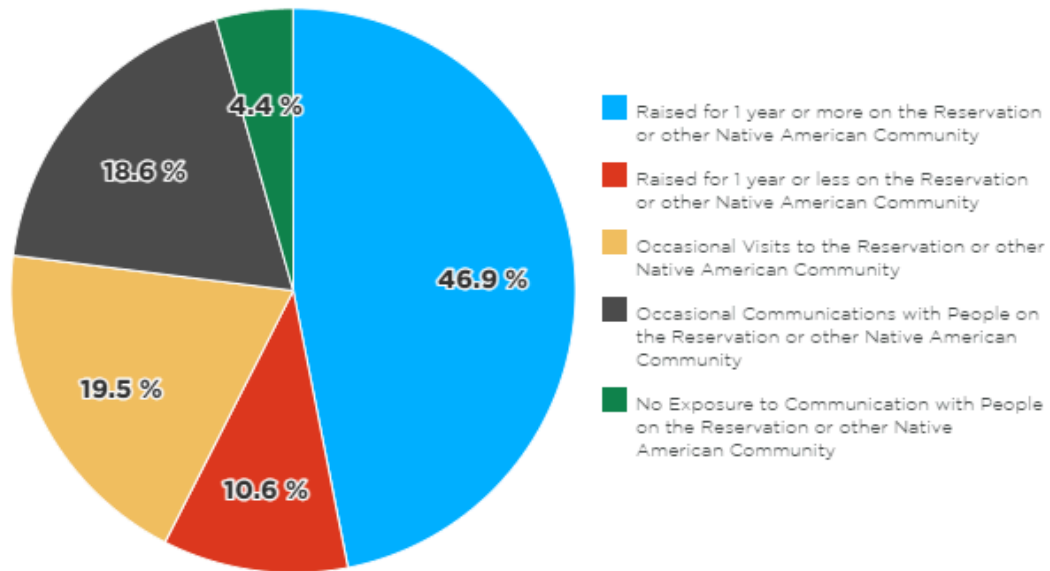
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

Where were you raised?



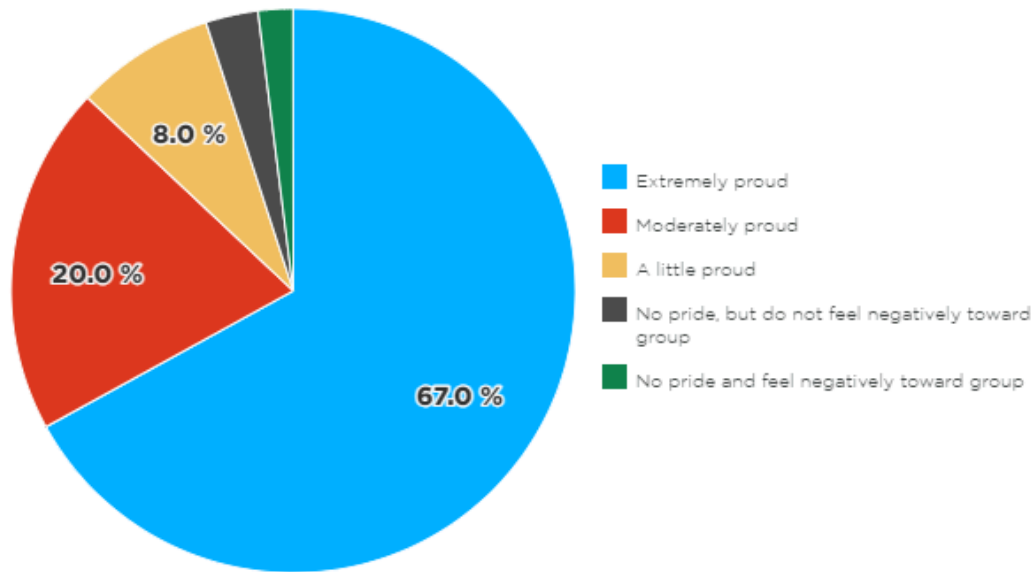
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What Contact have you had with Native American Communities?



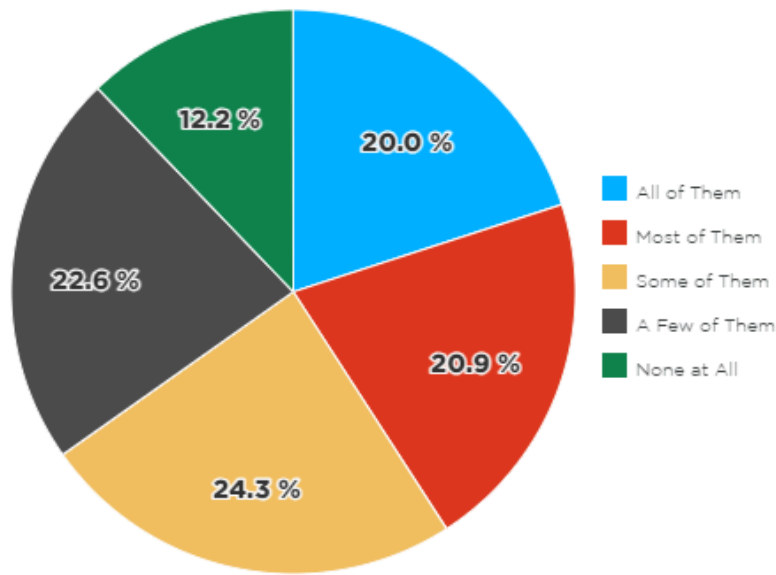
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

How much pride do you have in Native American Culture and Heritage?



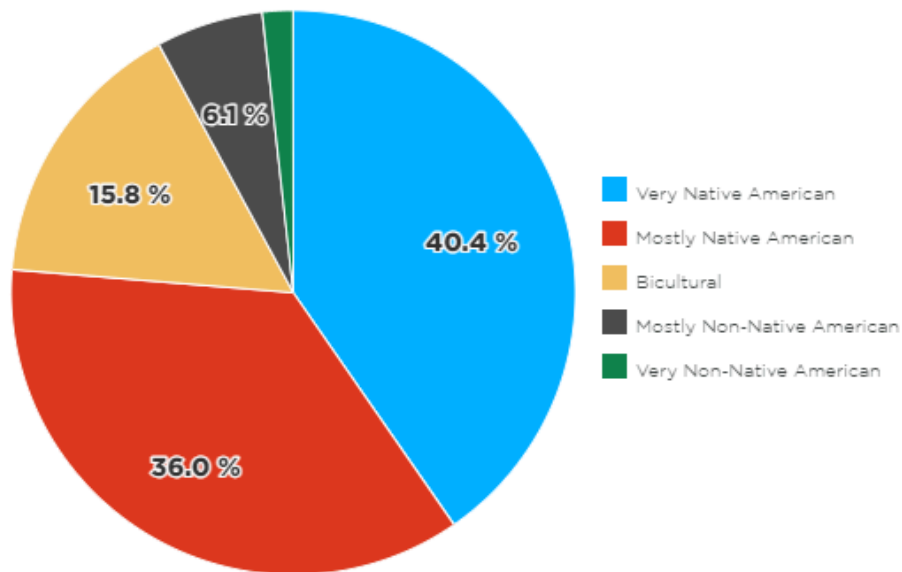
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

Do you participate in Native American traditions, ceremonies, occasions and so on?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

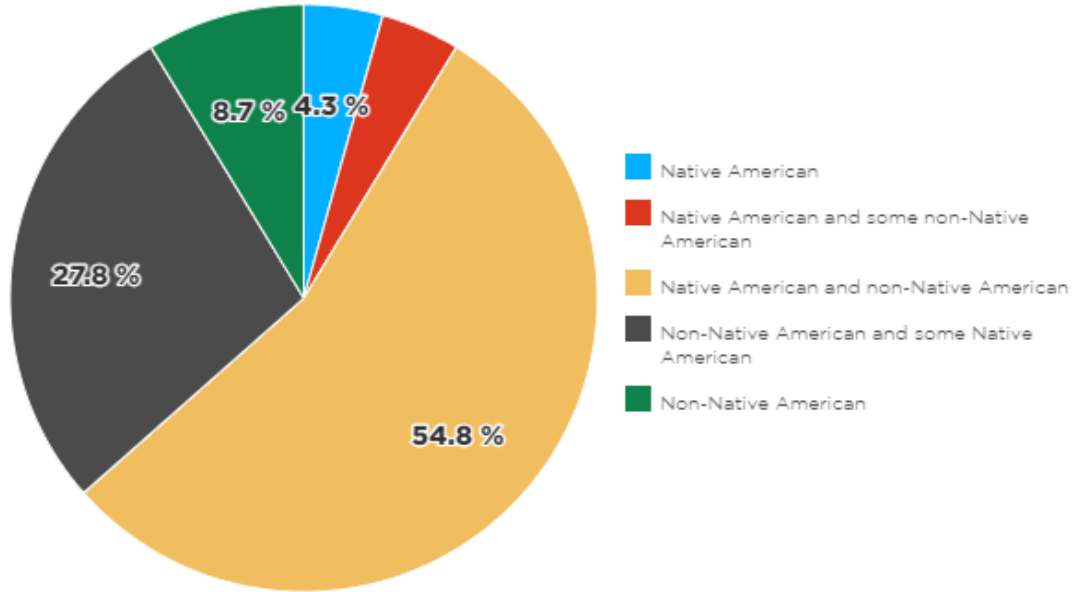
How would you rate yourself?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

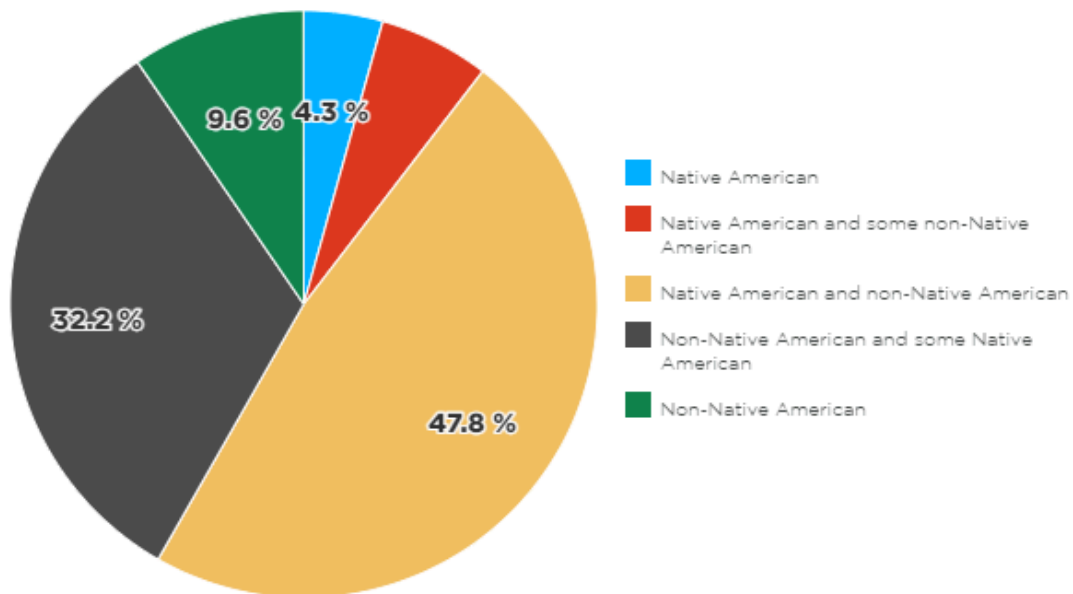
This set of questions deals with the type of art respondents consume. Respondents primarily indicated that they consumed mixed cultural art.

What Movies do you Prefer?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

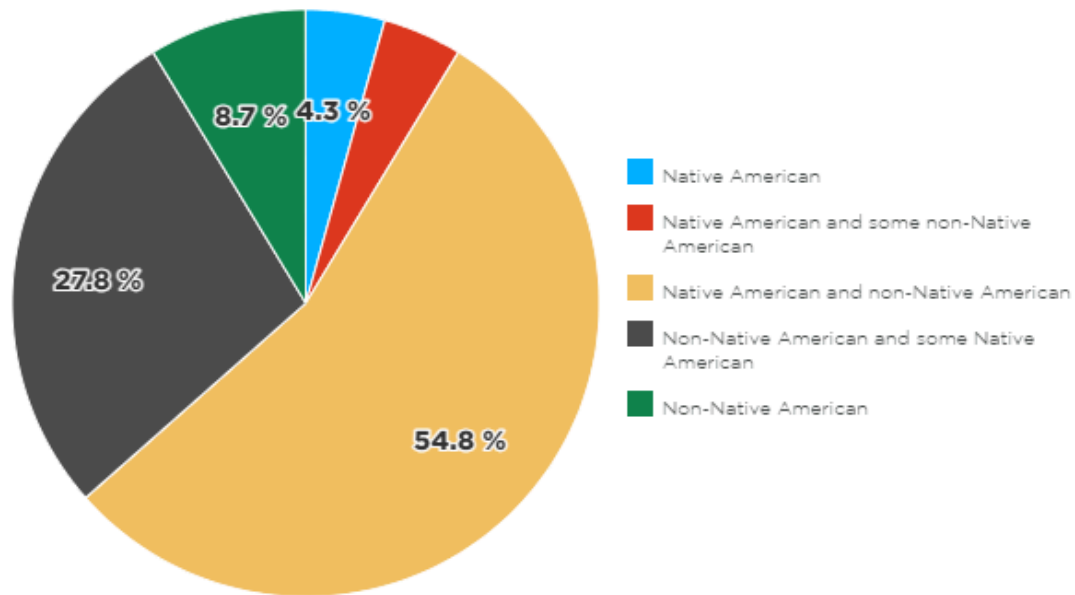
What Music do you Prefer?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

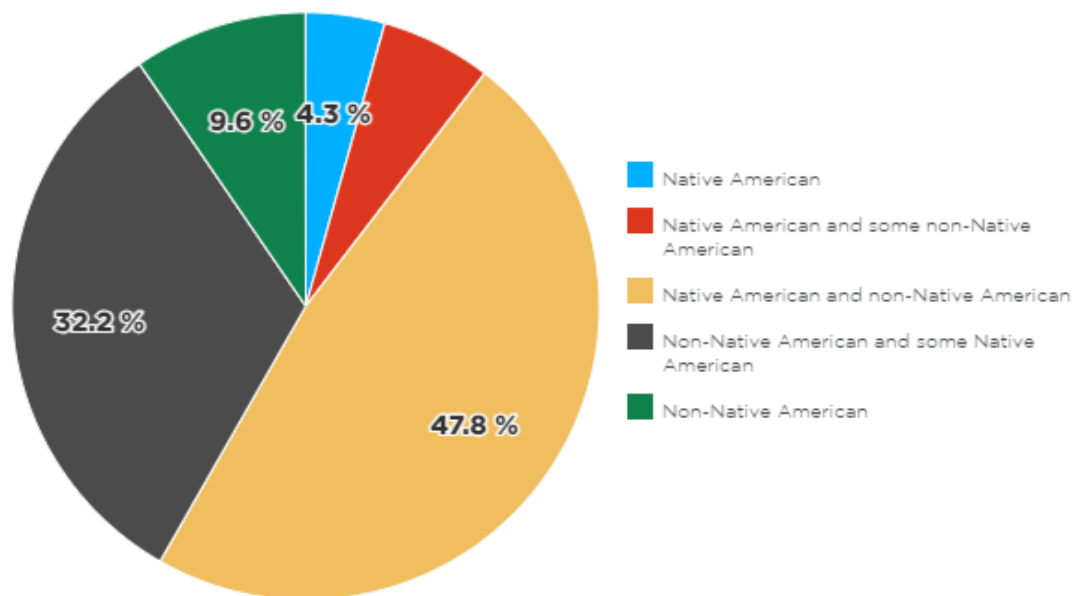
This set of questions deals with the type of art respondents consume. Respondents primarily indicated that they consumed mixed cultural art.

What Movies do you Prefer?



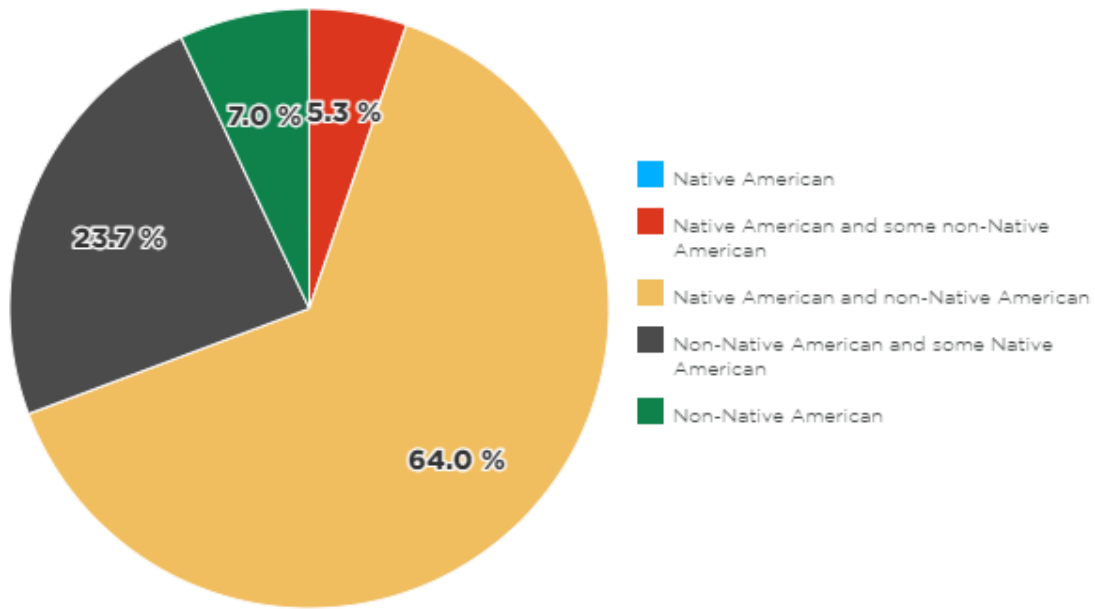
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

What Music do you Prefer?



2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

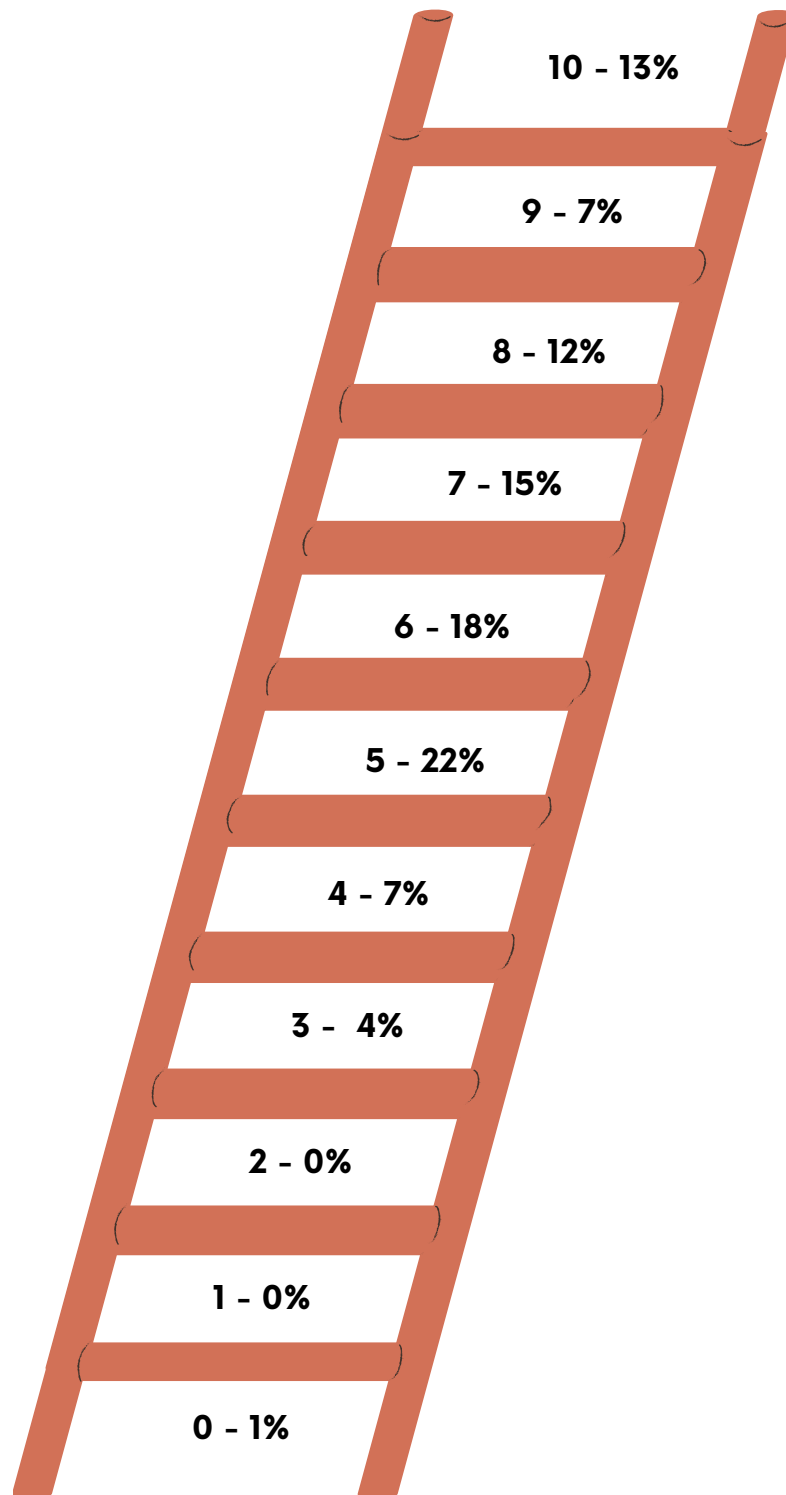
What foods do you prefer?



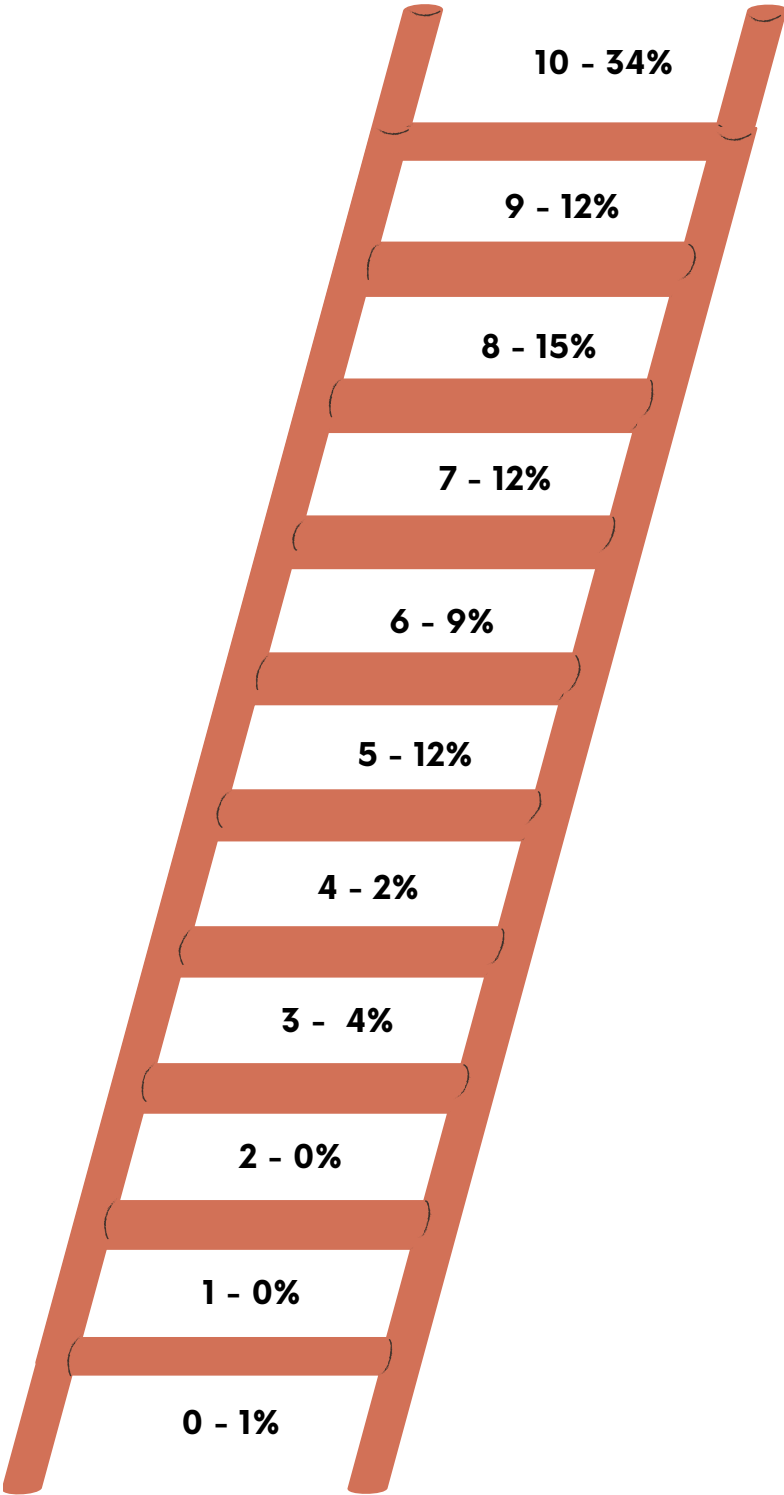
2023/2024 Native American Acculturation Survey Distributed by NMRC, Analyzed by PPHD

Native American Wellbeing Survey

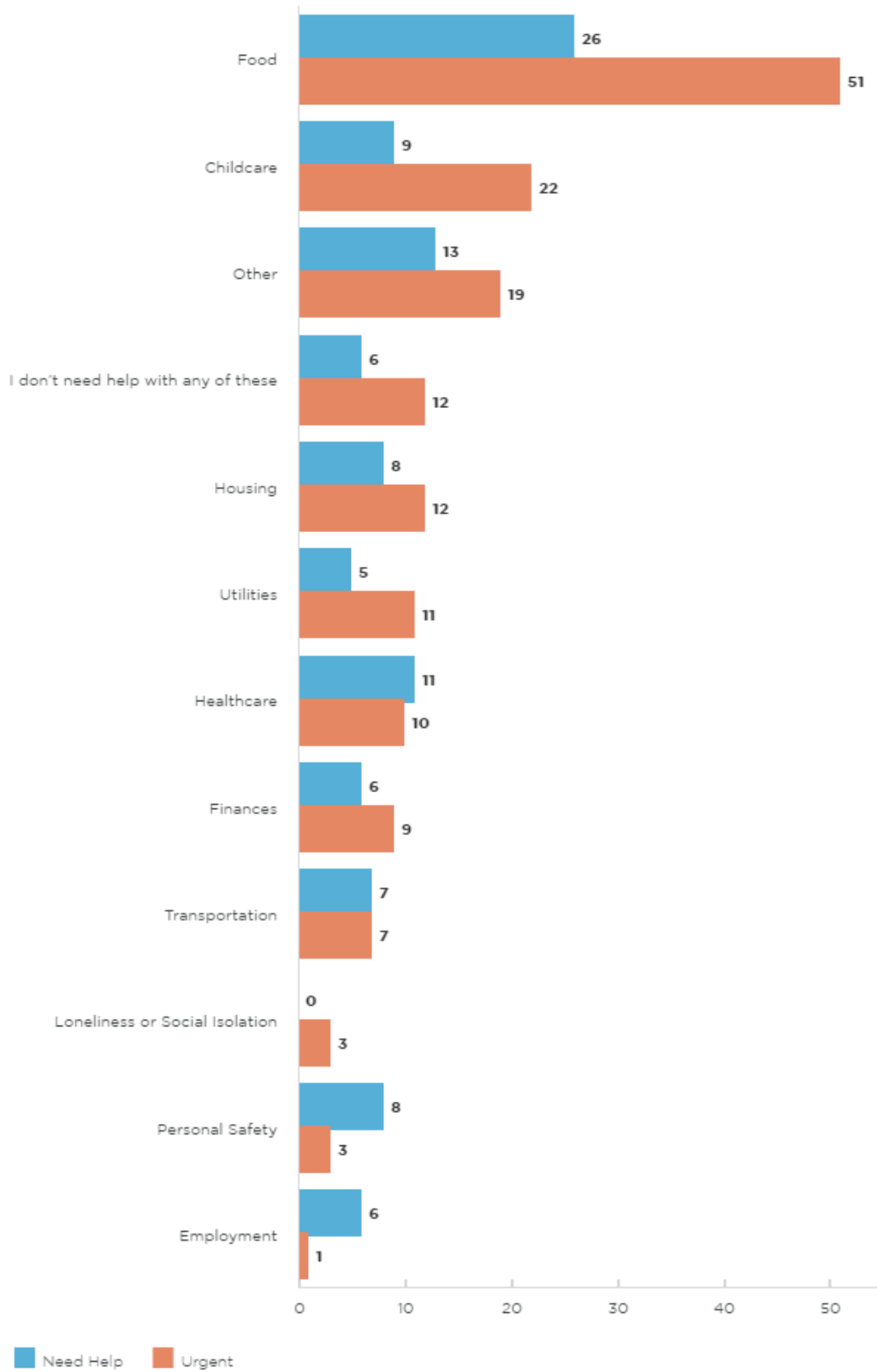
The ladder metaphor is a visual representation of well-being. The higher on the ladder, the better the respondents felt life was going. Respondents were asked which step of the ladder they would say they are standing on now.



Which step of the ladder do you envision yourself standing on in 5 years?

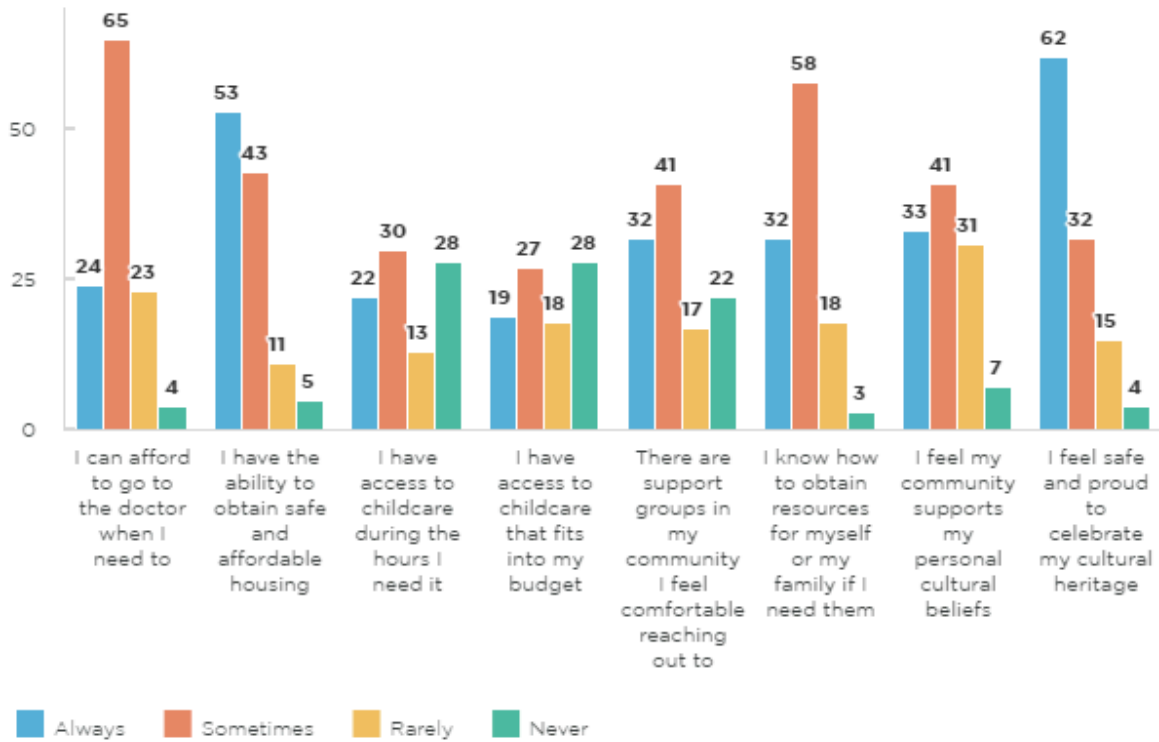


Do you need help with any of the following?



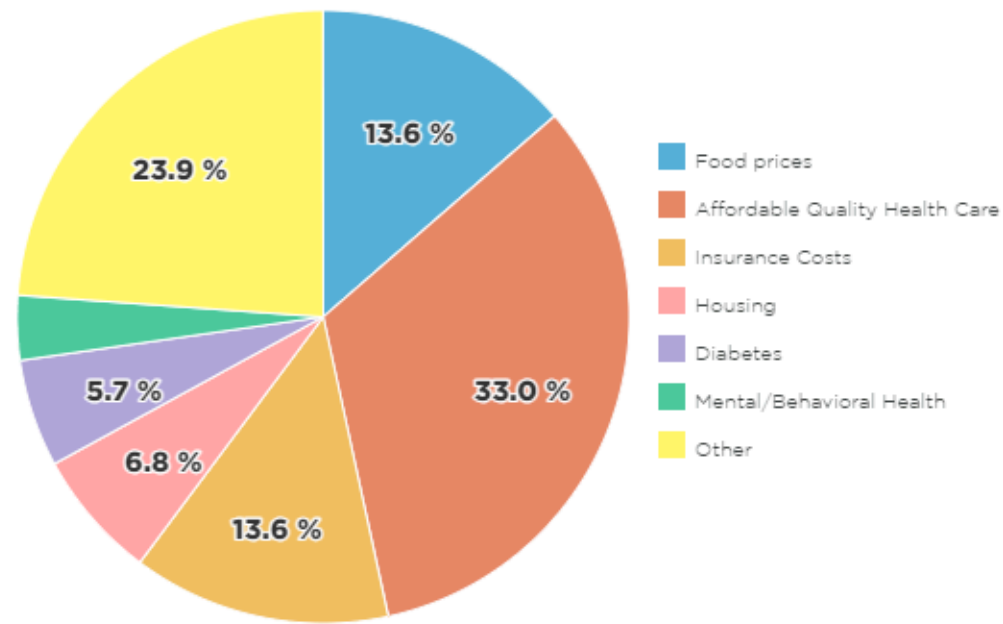
Source: NMRC Wellbeing Assessment distributed by NMRC 2023/2024, analyzed by PPHD.

Level of Agreement to the Following Statements



Source: NMRC Wellbeing Assessment, distributed by NMRC 2023/2024, analyzed by PPHD

Main Health Concern for Respondent's Family



Source: NMRC Wellbeing Assessment, distributed by NMRC 2023/2024 and analyzed by PPHD

APPENDIX

FOCUS GROUP GROUND RULES

2024 Focus Group Guide for Native American Health Needs Focus Group

We would like to talk with you today about your community and your impressions of American Indian Health Services and health needs. Everyone's opinion is important, so I want to make sure that all get a chance to talk. Feel free to respond to each other and give your opinion even if it differs from your neighbor. Occasionally I may interrupt to move on to the next question, but I will do so just to make sure we cover all the topics that we want to talk about today. It will never mean that I do not think what you are saying is important.

Let's take a minute to introduce ourselves before we get started. Could you please tell everyone your name and how long you have lived in name of community or health district? Focus Group Ground Rules We have a lot to cover, so we will all need to do a few things to get our jobs done:

1. Talk one at a time and in a voice at least as loud as mine.
2. We need to hear from every one of you during the discussion even though each person does not have to answer every question.
3. Feel free to respond to what has been said by talking to me or to any other member of the group. That works best when we avoid side conversations and talk one at a time.
4. There are no wrong answers, just different opinions. We are looking for different points of view. So just say what is on your mind.
5. We do have a lot to cover, so you may all be interrupted at some point in order to keep moving and to avoid running out of time.
6. We value your opinions, both positive and negative, and we hope you choose to express them during the discussion.
7. Everything you say in this group is to remain confidential. This means that we require that each one of you agree not to repeat anything talked about within this group to anyone outside of the group.

Again, this focus group is confidential. Notes will be made anonymously. We ask you to respect this understanding and refrain from speaking about specifics about this group with others afterwards.

SHERIDAN COUNTY FOCUS GROUP QUESTIONS

1. What about your community makes you feel comfortable?
2. What do you wish was in place to increase your level of comfort within your community?
3. What forms of transportation do you find most useful? What forms of transportation do you wish existed?
Probes: Hours, cost, quality, locations for pick-ups/drop-offs
4. What mental health resources do you find most useful? If resources were to expand in the community, what would you like to see offered and what times would you most like to have them available?
5. If you have children, what are your greatest struggles in finding childcare?

DAWES COUNTY FOCUS GROUP QUESTIONS

1. What about your community makes you feel comfortable?
2. What do you wish was in place to increase your level of comfort within your community?
3. What forms of transportation do you find most useful? What forms of transportation do you wish existed?
Probes: Hours, cost, quality, locations for pick-ups/drop-offs
4. What mental health resources do you find most useful? If resources were to expand in the community, what would you like to see offered and what times would you most like to have them available?
5. Considering housing in your community, are you satisfied with what is available? If no, what would you like to see change? *Probes: Cost, availability of rentals or houses to purchase, quality of rentals or houses to purchase*

BOX BUTTE COUNTY FOCUS GROUP QUESTIONS

1. What about your community makes you feel comfortable?
2. What do you wish was in place to increase your level of comfort with in your community?
3. What forms of transportation do you find most useful? What forms of transportation do you wish existed?
Probes: Hours, cost, quality, locations for pick-ups/drop-offs
4. What mental health resources do you find most useful? If resources were to expand in the community, what would you like to see offered and what times would you most like to have them available?
5. How do you get information about what resources are available?
6. What would increase your trust with your local hospital?

FOCUS GROUP PARTICIPANT SURVEY

2024 Focus Group Participant Survey

Please provide the following information about yourself. It will be used for demographic purposes only. Keep in mind you will NOT be identified in any way with your answers.

1. County of residence:

- | | | |
|---------------------------------------|------------------------------------|-----------------------------------|
| <input type="checkbox"/> Banner | <input type="checkbox"/> Box Butte | <input type="checkbox"/> Cheyenne |
| <input type="checkbox"/> Dawes | <input type="checkbox"/> Deuel | <input type="checkbox"/> Garden |
| <input type="checkbox"/> Grant | <input type="checkbox"/> Kimball | <input type="checkbox"/> Morrill |
| <input type="checkbox"/> Scotts Bluff | <input type="checkbox"/> Sheridan | <input type="checkbox"/> Sioux |
| <input type="checkbox"/> Other: _____ | | |

2. Race:

- | | |
|---|--|
| <input type="checkbox"/> White | <input type="checkbox"/> Black or African American |
| <input type="checkbox"/> Asian | <input type="checkbox"/> Native Hawaiian or Other Pacific Islander |
| <input type="checkbox"/> American Indian or Alaska Native | |
| <input type="checkbox"/> Decline to answer | |
| <input type="checkbox"/> Other: _____ | |

3. Are you Hispanic or Latino/a/x?

- | | | |
|------------------------------|-----------------------------|--|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Decline to answer |
|------------------------------|-----------------------------|--|

4. Age:

- | | | |
|---|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> Under 18 years | <input type="checkbox"/> 18-25 years | <input type="checkbox"/> 26-39 years |
| <input type="checkbox"/> 40-54 years | <input type="checkbox"/> 55-64 years | <input type="checkbox"/> 65-80 years |
| <input type="checkbox"/> Over 80 years | | |

Wellbeing Assessment

A. Overall Outcome- to assess if thriving, struggling, or suffering.

Please imagine a ladder with steps numbered from zero at the bottom to ten at the top. The top of the ladder represents the **best possible life for you**, and the bottom of the ladder represents the **worst possible life for you**

1. On which step of the ladder would you say you personally feel you stand at this time?

Best Possible

Worst Possible

Best Possible

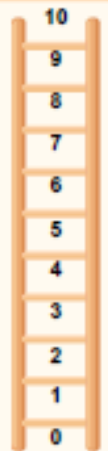
0 1 2 3 4 5 6 7 8 9 10

2. On which step do you think you will stand about 5 years from now?

Worst Possible

Best Possible

0 1 2 3 4 5 6 7 8 9 10



B. Social Needs Assessment- For efforts to identify and respond to unmet social needs

3. Do you need help with any of the following at this time? *Please select all that apply and then mark which ones are urgent*

Need Help

Urgent

Worst Possible

- Food
- Housing
- Utilities
- Healthcare
- Finances
- Transportation
- Loneliness or social isolation
- Personal Safety
- Employment
- Childcare
- Other
- I don't need help with any of these

- Food
- Housing
- Utilities
- Healthcare
- Finances
- Transportation
- Loneliness or social isolation
- Personal Safety
- Employment
- Childcare
- Other

4. If we need to get back to you, what is the best way to reach you? Circle your preferred method

Call/Text _____ Email/Other _____

5. Please rate your level of agreement as always, sometimes, rarely or never to the following statements.

	Always	Sometimes	Rarely	Never
a. I can afford to go to the doctor when I need to.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. I have the ability to obtain safe and affordable housing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. I have access to childcare during the hours I need it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. I have access to childcare that fits into my budget.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. There are support groups in my community I feel comfortable reaching out to if I need	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. I know how to obtain resources for myself or my family if I need them	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
g. I feel my community supports my personal cultural beliefs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
h. I feel safe and proud to celebrate my cultural heritage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

6. My main health concern for me and my family is _____

C. Native American Acculturation Scale

Instructions: This questionnaire will collect information about your background and cultural identity. For each item, choose the one answer that best describes you by filling in the check box.

1. What language can you speak?

- Tribal language only (e.g. Sioux, Cherokee, Navajo, etc.)
- Mostly tribal language, some English
- Tribal language and English about equally well (bilingual)
- Mostly English, some tribal language
- English only

2. What language do you prefer?

- Tribal language only (e.g., Sioux, Cherokee, Navajo, etc.)
- Mostly tribal language, some English
- Tribal language and English about equally well (bilingual)
- Mostly English, some tribal language
- English only

3. How do you identify yourself?

- Native American
- Native American and some non-Native American (e.g., White, African, Latino, and Asian)
- Native American and non-Native American (bicultural)
- Non-Native American and some Native American
- Non-Native American (e.g., White, African American, Latino, and Asian American)

4. Which identification does (did) your mother use?

- Native American
- Native American and some non-Native American (e.g., White, African, Latino, and Asian)
- Native American and non-Native American (bicultural)
- Non-Native American and some Native American
- Non-Native American (e.g., White, African, Latino, and Asian)

5. What identification does (did) your father use?

- Native American
- Native American and some non-Native American (e.g., White, African, Latino, and Asian)
- Native American and non-Native American
- Non-Native American and some Native American
- Non-Native American (e.g., White, African, Latino, and Asian)

6. What was the ethnic origin of your friends as a child growing up to age 6?

- Only Native Americans
- Mostly Native Americans
- About equally Native Americans and non-Native Americans
- Mostly non-Native Americans (e.g., White, African, Latino, and Asian)
- Only non-Native Americans

7. What was the ethnic origin of friends you had as a child 6 to 18?

- Only Native Americans
- Mostly Native Americans
- About equally Native Americans and non-Native Americans
- Mostly non-Native Americans (e.g., White, African, Latino, and Asian)
- Only non-Native Americans

8. Who do you associate with now in your community?

- Only Native Americans
- Mostly Native Americans
- About equally Native Americans and non-Native Americans
- Mostly non-Native Americans (e.g., White, African, Latino, and Asian)
- Only non-Native Americans

9. What music do you prefer?

- Native American music only (e.g., pow-wow music, traditional flute, contemporary, chants)
- Mostly Native American music
- Equally Native American music and other music
- Mostly other music (e.g., rock, pop, country, and rap)
- Other music only

10. What movies do you prefer?

- Native American movies only
- Mostly Native American movies
- Equally Native American and other movies
- Mostly other movies
- Other movies only

11. Where were you born?

- Reservation, Native American community
- Rural area, Native American community
- Urban area, Native American community
- Urban or Rural area, near Native American community
- Urban or Rural area, away from Native American community

12. Where were you raised?

- Reservation, Native American community
- Rural area, Native American community
- Urban area, Native American community
- Urban or Rural area, near Native American community
- Urban or Rural area, away from Native American community

13. What contact have you had with Native American communities?

- Raised for 1 year or more on the reservation or other Native American community
- Raised for 1 year or less on the reservation or other Native American community
- Occasional visits to the reservation or other Native American community
- Occasional communications with people on the reservation or other Native community
- No exposure or communications with people on reservation or other Native community

14. What foods do you prefer?

- Native American foods only
- Mostly Native American foods and some other foods
- About equally Native American foods and other foods
- Mostly other foods
- Other foods only

15. In what language do you think?

- Tribal language only (e.g., Sioux, Cherokee, Navajo, etc.)
- Mostly tribal language, some English
- Tribal language and English about equally well (bilingual)
- Mostly English, some tribal language
- English only

16. Do you

- Read only (Sioux, Cherokee, Navajo, etc.)
- Read a tribal language better than English
- Read both a tribal language and English about equally well
- Read English better than a tribal language
- Read only English

17. Do you

- Write only (Sioux, Cherokee, Navajo, etc.)
- Write a tribal language better than English
- Write both a tribal language and English about equally well
- Write English better than a tribal language
- Write only English

18. How much pride do you have in Native American culture and heritage?

- Extremely proud
- Moderately proud
- A little proud
- No pride, but do not feel negative toward group
- No pride, but do feel negative toward group

19. How would you rate yourself?

- Very Native American
- Mostly Native American
- Bicultural
- Mostly non-Native American
- Very non-Native American

20. Do you participate in Native American traditions, ceremonies, occasions, and so on?

- All of them
- Most of them
- Some of them
- A few of them
- None at all